

# **Don Norman & The Design of Everyday Things**

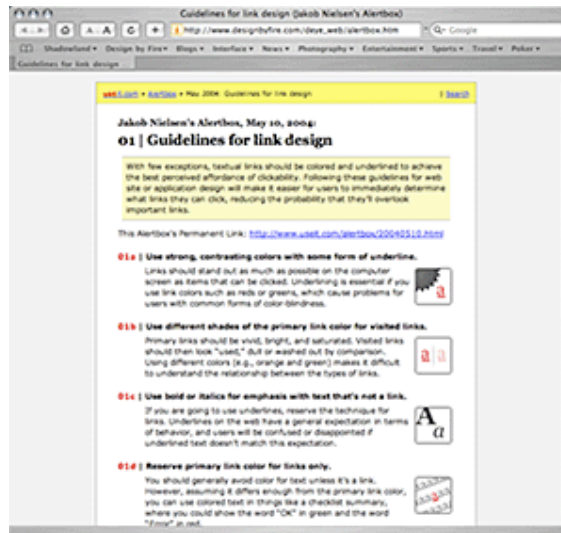
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# Useit.com Redesign

Article: Design Eye for the Usability Guy

<http://www.designbyfire.com/000094.html>

## Redesign of useit.com site example



Rewrite text, redesign page layout, quick card and flash version

# What did we discover about [www.ca.gov](http://www.ca.gov)?

- 1. Visibility of system status**
- 2. Match between system and real world**
- 3. User control and freedom**
- 4. Consistency and standards**
- 5. Error Prevention**
- 6. Recognition rather than recall**
- 7. Flexibility and efficiency of use**
- 8. Aesthetic and minimalist design**
- 9. Help users recognize, diagnose, and recover from errors**
- 10. Help and Documentation**

# Today's Topics

- 1. Don Norman**
- 2. How People “Do Things”**
- 3. Memory**
- 4. Affordances**
- 5. Constraints**
- 6. Cognitive Principles**
- 7. Design Principles**
- 8. Don Norman's Usability Guidelines**

# **Don Norman & The Design of Everyday Things**

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**How can we design things to be more usable?**

# Who is Don Norman, Ph.D?



- **Newsweek: The Guru of Workable Technology**
- **Author of “The Design of Everyday Things”**
- **Professor of Computer Science at Northwestern University**
- **Professor emeritus at the University of California, San Diego**
- **Co-founder & principal of the Nielsen Norman group**
- **Apple Fellow & Vice President of the Advanced Technology Group at Apple Computer**

# How People Do Things: The Seven Stages of Action

From “The Design of Everyday Things” by Don Norman

Forming a goal

example: **I want more light so I can see better.**

Forming the intention

example: **I will turn on some lights.**

Specifying an action

example: **I will walk to the wall, and move the light switch up.**

Executing the action

example: **Attempting to do the action.**

Perceiving the state of the world

example: **I look around.**

Interpreting the state of the world

example: **Can I see better?**

Evaluating the outcome

example: **If I can see better, I have succeeded!**

# Sample run through

Forming a goal: **What do I want?**

Forming the intention: **What would satisfy this goal?**

Specifying an action: **What do I have to do to achieve the intention?**

Executing the action: **Do the steps I have specified.**

Perceiving the state of the world: **Use my senses to gather information about the world and/or system I am working with.**

Interpreting the state of the world: **Figure out what, if anything, has changed.**

Evaluating the outcome: **Did I achieve my goal?**

# In groups of 2, choose and describe a task using The Seven Stages of Action

Forming a goal: **What do I want?**

Forming the intention: **What would satisfy this goal?**

Specifying an action: **What do I have to do to achieve the intention?**

Executing the action: **Do the steps I have specified.**

Perceiving the state of the world: **Use my senses to gather information  
about the world and/or system I am working with.**

Interpreting the state of the world: **Figure out what, if anything, has  
changed.**

Evaluating the outcome: **Did I achieve my goal?**

# Memory

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**How do we remember?**

# Short Term Memory (STM)

## How many numbers can you remember?

- Break into pairs and see how many digits you can remember
- Read a string of numbers from *your* handout
- Other partner repeats them back
- Repeat, but use the next longer string
- Keep going until you make a mistake
- Switch roles, using the other person's handout, and try again

# Short Term Memory (STM)

**Humans can usually handle about 7 items of information ( $\pm 2$ , or 5–9) at once.**

**This doesn't mean that 10 links is too many. It just means that having more choices imposes a greater burden on the user's ability to process information.**

**We recall things from STM effortlessly.**

# Long Term Memory (LTM)

**Need volunteer from audience...**

# **Long Term Memory (LTM)**

**Harder to get to the information**

**Takes more time and effort**

**It is our interpretation of the past, not an exact recording**

**How we interpret things effects how we can recall them**

**It is easier to remember things that have meaningful relationships**

**Good mental models also help memory**

**Bad ones cause problem**

# Affordances

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**What we interact with in a system**

# Affordances

- **Affordances are parts of a system that allow (or afford) us to interact with the system.**
- **Buttons, scrollbars, the mouse, the keyboard, other widgets, etc.**
- **Anything we can interact with is an affordance**

# Google's and Yahoo's affordances

- **Name as many affordances as you can at Google**
- **Now at Yahoo**
- **What are the tradeoffs involved with having lots of affordances vs. fewer affordances?**

# Remote controls

**What are the affordances on these remote controls?**

**Can you tell just by looking at them what the buttons do?**

**What device does each unit control?**



# Shower controls

**What are the affordances in this shower?**

**Which handle is hot?**

**Which is cold?**

**Which direction do you turn the handles?**



# Stove controls

**What are the affordances on this stove?**

**Which knob controls which burner?**

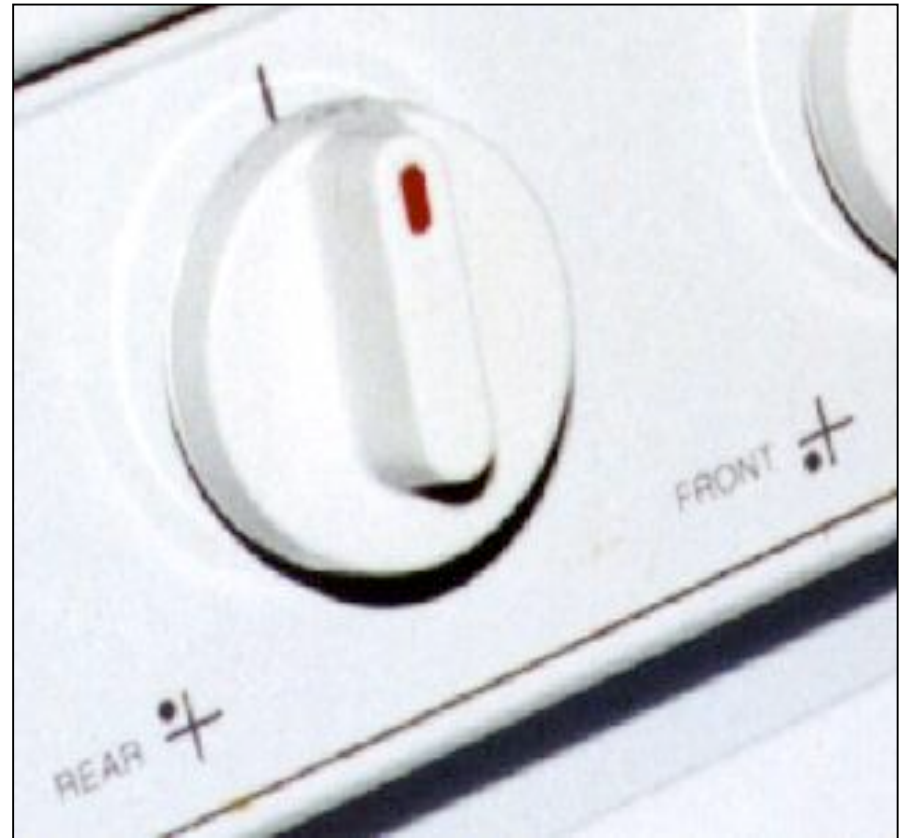


# Stove controls detail

**Why are there instructions?**

**Which set of instructions applies to which knob?**

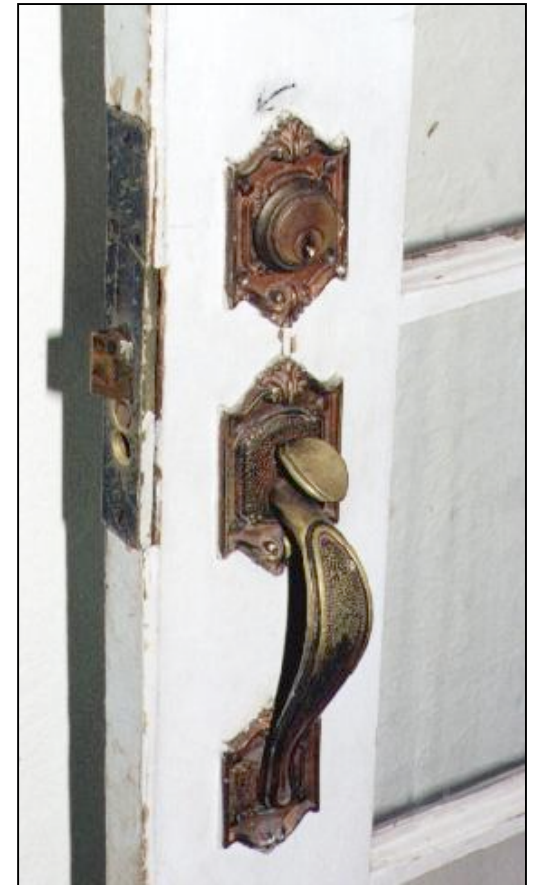
**Is there a better way to lay out a stove?**



# Door and Lock

**What are the affordances on this lock?**

**Why did someone draw an arrow on the door?**



# Modern doors

What are the affordances on these doors?

Why do they need so many instructions?



# Classic desk telephone

What are the affordances on this telephone?

Is this "old-fashioned" telephone easier or harder to use than other, more recent telephones?

**Facts about this style of telephone:**

- There are two ways to put it on "hold".
- A **forcing function** keeps it from hanging up even when dropped onto its head.
- A **blocking function** means you can't use the wall cord in the handset or the handset cord in the wall jack (the modular plugs are of different sizes).
- The numbering on the keypad runs opposite to a calculator's, because telephone equipment in the 1970s was too slow to keep up with skilled 10-key operators.



# Two watches



**What are the affordances on these watches**

**What tradeoffs did the designers make in each case?**

# Constraints

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# Physical constraints

**Physical limitations that constrain possible actions**

**Examples:**

- Why are manhole covers round?
- Cars that can't start unless in park or neutral

**Can we think of more?**

# Semantic constraints

**When the meaning of a situation controls the possible actions**

**Examples:**

- Why are you sitting where you are?
- Why are you facing forward?

**What happens if the user doesn't understand the meaning/purpose of the system/situation?**

# Cultural constraints

**Relies on accepted cultural conventions**

**What does red mean?**

- stop, danger, alert

**What does yellow mean?**

- warning, slow, caution

**Why might cultural constraints fail?**

**Why use them at all?**

- Because a particular culture shares the same knowledge and experience

**Can you think of examples?**

# Logical constraints

## Using logic to constrain actions

### Natural mappings

- left-right, up-down

### Sequence

- doing things in an obvious order (1,2,3 a,b,c)

### Completeness

- using all the parts, filling in all the fields, etc.

# Cognitive Principles

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# **Cognitive principles: Automatic vs. effortful processes**

- **Automatic processes occur without conscious "thinking."**
- **Automatic processes don't interfere with each other or with effortful processes.**
- **Effortful processes occupy limited cognitive resources.**
- **Effortful processes require conscious "thinking."**
- **Effortful processes interfere with one another.**
- **Doing more than one effortful process means doing all of them less well.**

# Cognitive principles: Guidelines

- *See and recognize* is easier than *remember and type* or *remember and hunt*.
- People can remember the locations of *distinctive* objects better than the locations of words (but labels help)
- People remember locations of objects through automatic processing
- People don't remember the locations of colors through automatic processing, so it's effortful

# Design Principles

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# **Design principles: Assisting you users in evaluation**

- **Put knowledge in the world and give feedback about the state of the system**
- **Exploit knowledge commonly in your users' heads**
- **Provide explanations of your display, if it is very complex**
- **Give your users a mental model of your site; tell them what they can do there**
- **Remind users of where they are**
- **Set expectations**

# **Design principles: Assisting your users in execution**

- **Put knowledge in the world (affordances)**
- **Exploit automatic cognitive processes**
- **Use iconographic/pictorial widgets, but label them with words**
- **Use large widgets (within constraints)**
- **Keep widgets on the screen**
- **Keep widgets in consistent physical locations**
- **Keep widgets near the mouse pointer**
- **Avoid scrolling**
- **Avoid the using a combination of both keyboard & mouse for a single user task**

# Don Norman's Usability Guidelines

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**4 steps to better usability**

# Don Norman's Usability Guidelines

## Visibility

**Make the relevant parts visible. By looking the user should be able to tell the state of the device and the alternatives for action (affordances)**

## A good conceptual model

**Help the user by visually communicating a good mental model of how the system works.**

## Good mappings

**Help the user determine the relationship between actions and results, controls and effects, by using natural mappings.**

## Feedback

**The give immediate feedback to the user about the results of their actions and the state of the system.**

# Reading

**Human-Centered Design Considered Harmful, Don Norman**

[http://www.jnd.org/dn.mss/humancentered\\_desig.html](http://www.jnd.org/dn.mss/humancentered_desig.html)

**Activity-Centered Design:**

**Why I like my Harmony Remote Control, Don Norman**

<http://www.jnd.org/dn.mss/activitycentere.html>

# Homework: Create online resume

- **Build a small interactive on-line resume**
- **Should have at least 3 sections**
- **Should have navigation**
- **Should use good usability design**
- **Use real information**
- **Use web design process**
- **Due before start of class next week**